

THE CONTENT OF THIS DESCRIPTION IS NOT A LEARNING CONTRACT AND THE INSTRUCTOR IS NOT BOUND TO IT. IT IS OFFERED IN GOOD FAITH AND INTENDED AS A HELPFUL GUIDE TO THE STUDENT. THE OFFICIAL COURSE SYLLABUS WILL BE PROVIDED AT THE FIRST CLASS.

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**TITLE: Pastoral Psychology & Spirituality      TERM: F YEAR: 2009-2010**

**PROFESSOR:** J Edward Hudson

**REGISTRATION:** LIMITED TO 15

**COURSE DESCRIPTION:** This course is a survey of normal and abnormal psychology for students destined to lay or ordained ministry.

**CLASS OBJECTIVES [or Goals]:** To impart to students, preparing for lay and ordained ministry, sufficient notions in normal and abnormal psychology, and spirituality, to enable them to engage in fundamental pastoral counselling and spiritual direction.

**PREREQUISITES:** None, although a course in introductory psychology and/or pastoral counselling would be useful.

**REQUIRED TEXTS:** See abridged bibliography below. All texts have to be ordered from the professor approximately one month before class begins. A memo will be sent to all registrants.

**POSSIBLE ASSIGNMENTS/PRESENTATIONS/TESTS:**

- Discussion of case-studies and assigned readings in the final hour of each lecture;
- A 30-minute final oral examination in December.

**ABRIDGED BIBLIOGRAPHY:**

**Part I:** Historical perspective (psychology & pastoral psychology); overview of normal human development/theories of personality;

**Part II:** Abnormal psychology/psychopathology: A mosaic (Introduction to **Diagnostic & Statistical Manual of Mental Disorders: Text Revisions** [2000] [**DSM-IV-TR**]);

**Part III:** Spirituality and spiritual direction; professional ethics.