

THE CONTENT OF THIS DESCRIPTION IS NOT A LEARNING CONTRACT AND THE INSTRUCTOR IS NOT BOUND TO IT. IT IS OFFERED IN GOOD FAITH AND INTENDED AS A HELPFUL GUIDE TO THE STUDENT. THE OFFICIAL COURSE SYLLABUS WILL BE PROVIDED AT THE FIRST CLASS.

TITLE: Pastoral Psychology & Spirituality TERM: 20109 (September 2010)

PROFESSOR: J Edward Hudson

REGISTRATION: LIMITED TO 15

COURSE DESCRIPTION: This course is a survey of normal and abnormal psychology for students destined to lay or ordained ministry.

CLASS OBJECTIVES [or Goals]: To impart to students, preparing for lay and ordained ministry, sufficient notions in normal and abnormal psychology, and spirituality, to enable them to engage in fundamental pastoral counselling and spiritual direction.

PREREQUISITES: None, although a course in introductory psychology and/or pastoral counselling would be useful.

REQUIRED TEXTS: See abridged bibliography below. All texts have to be ordered from the professor approximately one month before class begins. A memo will be sent to all registrants.

POSSIBLE ASSIGNMENTS/PRESENTATIONS/TESTS:

- Discussion of case-studies and assigned readings in the final hour of each lecture;
- A 30-minute final oral examination in December.

ABRIDGED BIBLIOGRAPHY:

Part I: Historical perspective (psychology & pastoral psychology); overview of normal human development/theories of personality;

Part II: Abnormal psychology/psychopathology: A mosaic (Introduction to **Diagnostic & Statistical Manual of Mental Disorders: Text Revisions** [2000] [**DSM-IV-TR**]);

Part III: Spirituality and spiritual direction; professional ethics.